

LEADERSHIP AND FAMILY SYSTEMS

This interactive family systems group will help you explore how your family system impacts your leadership and all the leaders that surround you.



Have you ever thought?

- Is there a way to lead without getting exhausted?
- Is there a way to lead without getting chewed up and spit out?
- Is there a way to lead with the “big picture” in mind?
- Is there a way to lead others to change? What am I doing wrong?
- Is there a book, podcast, or workshop that would help me to lead better?

What am I going to learn?

- Bowen Family Systems theory
- How to manage “self” and how that impacts all of your leadership and relationships
- How to calm anxiety to respond rather than react to situations
- How focusing on others will not get you what you want
- Personal responsibility in your relationships

What am I going to experience?

- Discussion and reflection on your important relationships and how they impact your relationships and your leadership
- Self-assessment of your ability to think as an individual while staying meaningfully connected to others

How often will we meet?

- On the 4th Thursday once a month beginning on September 29, 2022 from 12:30-2:30 via Zoom ending in May.

What else do I need to know?

- Recommended but not required reading and discussion will be based on the book, “Growing yourself Up” by Jenny Brown, PhD and “How Your 21st-Century Church Family Works” by Peter Steinke available on Amazon

What does it cost?

- It’s free!

Who do I contact with questions? Facilitators...

- Molly Turner at mollycturner@gmail.com
- Patty Dennis at pdennis8244@gmail.com

How do I sign up?

- Register with Jodi Fuller at jfuller@michiganumc.org or register directly by [CLICKING HERE](#)