



# Family Systems Consultation Group

First Thursdays  
September, 2022 – June, 2023  
9:00 a.m. – 12:30 p.m.

**What:** A ten-month program, grounded in Bowenian Family Systems Theory, designed to enhance personal, family, and professional understanding, growth, and maturity

**For Whom:** Designed for pastors, other professionals, students, volunteers. This program is particularly useful for:

- *Those in key leadership roles who want to enhance leadership abilities*
- *Anyone seeking deeper understanding of self and wanting to engage family, work, and other relational contexts more effectively*

## Objectives:

- *Develop and strengthen personal and professional identity, emotional maturity, and relational and leadership effectiveness*
- *Deepen understanding of family systems theory and the effective use of this theory in the family, workplace, and other relational contexts*
- *Enhance ability to support and confront colleagues effectively*

## Components:

- *Presentation and discussion of family systems concepts*
- *Development of extensive, detailed genogram*
- *Consultation on family of origin work*
- *Consultation on workplace analysis and professional leadership*

## Facilitator/Consultant:

*The Rev. Sharon L. Mook, M.Div., D. Min., Ph.D., an ACPE Psychotherapist, with extensive experience as a congregational pastor, psychotherapist, seminary faculty member, and chaplain in a variety of settings, with a strong background in Family Systems Theory*

## Where and When:

*First Presbyterian Church Birmingham  
1669 W Maple Rd, Birmingham, MI 48009*

*First Thursdays, 9:00 a.m. – 12:30 p.m.  
September, 2022 - June, 2023*

## Cost:

*Registration fee: \$75*

*Due by August 10, 2022 (nonrefundable)*

*Tuition for ten months: \$950*

- *\$475 due by first class session*
- *\$475 due by February class session*

**To register and for further information contact  
Sharon L. Mook at: [Sharon.Mook@acpe.edu](mailto:Sharon.Mook@acpe.edu)**