



# 5K FOR CHILD HUNGER RELIEF

PICK YOUR STEPS · PICK YOUR TIME  
HELP KIDS WITH HUNGER

Food insecurity impacts 1 in 7 children across Michigan. In some areas the number is 1 in 4. The 5K for Child Hunger Relief is raising money for 10 non-profit organizations across Michigan that serve children.

Food insecurity is a lack of stable and reliable means for getting the food that people need. There are many reasons including: access and availability of food, poverty, job instability, food shortages and waste, nutritional quality, and discrimination.

Use the 5K pledge sheet for sponsors to sign-up or donate with a credit/debit card at <https://2022.michiganumc.org/5kchildhunger/>

Want to do more? Find ways you can take steps to end child hunger at [michiganumc.org/missions/childhungerresources/](https://michiganumc.org/missions/childhungerresources/)

**Checks can be made out to "Michigan Conference" Please put 5K in the memo line.  
Checks can be mailed to 1161 E. Clark Rd.,  
Suite 212, DeWitt, MI 48820**

