



# REVERSE ADVENT CALENDAR 2021



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 Toothbrush and toothpaste	29 Canned Veggie (corn, peas or green beans)	30 Paper towel	1 Box of cereal	2 Shaving Cream	3 Can of beans	4 Razors
5 Canned Fruit (peaches, pears or applesauce)	6 Kleenex	7 Box of mac & cheese	8 Shampoo	9 Jar of spaghetti sauce	10 Hand Soap (pump)	11 Box of pasta
12 Toilet Paper	13 Canned tuna	14 Laundry Soap	15 Peanut Butter or Nut-free Butter	16 Baby Wipes	17 Can of chunky/hearty soup	18 Dish Soap
19 Canned Chicken	20 Shampoo	21 Can of Vegetables, Fruit or Beans	22 Conditioner/Cream rinse for hair	23 Instant Oatmeal packets	24 Scrub brush or sponges	25 Your choice

## ADDITIONAL INFO



- Check with your local Food Pantry/Bank about what items are most helpful and adjust your calendar as needed
- Don't get stuck! Skip a day (or a few) and pick it back up :)
- Make a copy and invite a neighbor or family member to participate too!
- If you have children, encourage them to help shop, put the items in your box, and take them to the food pantry.
- Some food pantries prefer monetary donations. Instead of purchasing the items for each day, make a donation to your pantry.
- Learn more about hunger and other ways that you can learn, take action, and advocate at: [michiganumc.org/missions/childhungerresources/](http://michiganumc.org/missions/childhungerresources/)

