

What are the Psalms?

1. The Psalms are songs or poetry that express emotions like thankfulness, fear, angry, sadness, grief, joy, praise, and more.
2. Find the Book of Psalms (one trick is to open the Bible just about in the middle and you will be close to Psalms)
3. Find Psalm 23
4. What kind of emotions are in this Psalm?
5. Draw a picture of Psalm 23 or write your own song or poetry

