

# What is the Old Testament?

1. The Old (or Hebrew) Testament is a collection of 39 books written before the birth of Jesus. It is also the story of the Jewish people (including Jesus as he was Jewish).
2. The Old Testament contains four types of writing: Torah (the first five books of the Bible), History, Prophets, and Wisdom books.
3. The stories and people from the Old Testament share important ways that we can live a life that loves God and other another.
4. One of the most important scriptures in the Torah is from Deuteronomy 6:4-9. It is called the Shema. Use the Shema Scroll on the playlist page or create your own. Write the words for the Shema, decorate it, and hang it on the wall where you can see it as a reminder to love God with all your heart, all your being, and all your strength.