



Pathfinders News

Covid-19 response Volume 1

INFORMING THE COMMUNITY

Pathfinders and Americorps Urban safety have been diligently helping the community during this global crisis. Stopping the spread of this virus is urgent because we believe in the total health of all people. Educating the community, washing clothes for those unable to get out, sharing with the Women's and Men's shelter, and putting the health and welfare of children first. Thank you to all who help in continuing the #IamTheVillage mission and focus. With the disparities in the urban communities, we decided to educate our community by positing places in the community that had a lot of population and foot traffic. We went to businesses and homes to share with people who were uninformed or ill-informed of what Coronavirus was and how it was affecting black people at alarming rates. We shared signs to post and we shared data from public health to spread the word that this virus was real and that we had the ability to stop the spread. We informed the community and the children and families that we serve. A gentleman said to us, "oh I don't believe that stuff is real". Another person asked us if we thought all the talk about the virus was true. This was a sure sign to our staff that informing the community was the right thing to do. During this time, we made several flyers to inform people on social media along with a commercial to watch and share on media platforms.



More than 100 businesses, organizations, and schools in Muskegon County come together to fight COVID-19

MUSKEGON, Mich. — More than 100 organizations, businesses, non-profits, schools, and local governments have banded together to fight the ongoing COVID-19 outbreak in Muskegon County.

According to a press release from HealthWest, formerly Muskegon County Community Mental Health, the group has launched its own “Stay Home, Stay Safe, Save Lives” campaign to educate Muskegon County residents on the critical steps they can take to stop the spread of the disease and to ensure the health and safety of themselves and their loved ones.

“COVID-19 is in Muskegon County and is hurting our friends, neighbors, and those we love,” said Muskegon County Public Health Officer Kathy Moore. “By working together, sharing a consistent message, and following some very basic safety precautions, we can save lives.”

The campaign will encourage people to stay home and to follow safety precautions if they have to leave the house to get essentials, like medications or groceries.

“It’s going to take a true community effort to educate residents on the importance of following proper guidelines to stop the spread of COVID19 in our communities,” said City of Muskegon Heights Mayor Walter Watt. “We need everyone’s support to keep our communities healthy.”

In an unprecedented move, organizations across Muskegon County agreed to come together with a unified voice to spread this message, the press release went on to say. The campaign will stress the vital role everyone in Muskegon County has in stopping the COVID-19 outbreak.

“While our organizations have different goals and priorities, we all share a common love for Muskegon County and those who live here,” said HealthWest Executive Director Julia Rupp. “If there’s one thing this community does well, we work together, put our differences aside, and fight for our whole community.”

Aspects of the effort can be seen on the Watch Muskegon – Stay Home, Stay Safe, Save Lives message on social media, television, radio, video, and other grassroots efforts. The campaign also includes a video of dozens of community members encouraging their neighbors to stay safe and do their part.

This collaboration pulled together quickly, and new groups and organizations are joining every day. Anyone can be part of this collective effort; it is crucial to represent a diversity of voices and perspectives from all sectors municipalities, ages, and races.

I'm so glad that Pathfinders is helping in this fight. We are in this together. The director of Pathfinders continues to encourage the village to join the fight to help save lives.

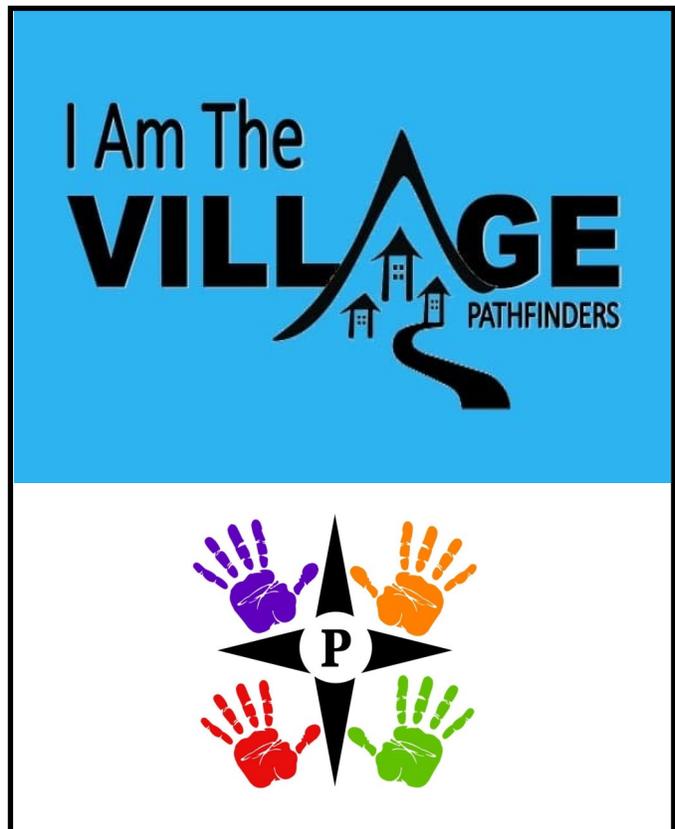


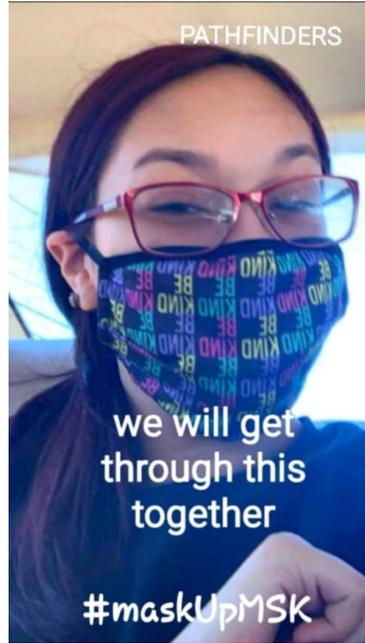
“We are asking everyone in our community to join us in this fight,” Rupp said.

Mask Up Muskegon

Join Pathfinders as we move forward during Covid-19. Help us as we help Health West collect mask to ensure that Muskegon County is covered. If you are making mask, please donate to HealthWest. We will get through this together!

Pathfinders wanted to let the community know that putting on a mask was cool. Not only that, putting on a mask will help save lives. We also wanted to give a positive message that we will get through this if we work together.





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Giving Covid Supplies

Pathfinders was please to serve 20 families each week with resources. We provided personal hygiene products, toilet paper, laundry detergent, and mask. We also packed hand hygiene packets with hand sanitizer, hand soap and wipes



Your Heart Matters to Us

During the Coronavirus crisis, our youth are faced with very different and challenging circumstances in our city. Without many words, our kids can reach out to staff with just a heart and we will connect them to the proper resources. Our staff is committed to the needs of our children.

#iamthevillage

Disclaimer: we are not medical professionals, but we will connect our children to certified resources.

During this Covid-19 epidemic, Pathfinders has been dedicated to the families that we serve. This morning, some of our staff and one of our Americorps members put together family hygiene bags and delivered to the families we serve. The bags also included covid-19 information and books. This is just one of the things we have done to stay connected to the village. Thank you for those who continue to support our cause. Pathfinders is fully aware of the trauma that has stricken our communities. People are stressed and overwhelmed with tireless emotions. From Covid19 to all types of barriers, and stressful circumstances, we would like to suggest a resource in HealthWest. If you or your friends are in need of mental health, someone to talk to, or mental health first aid, consider calling

Your  matters to us!



 LONELY/ NEED AN EAR

 DEPRESSED

 ANXIOUS / UNEASY

 SUICIDAL THOUGHTS

 URGENT HELP



HealthWest
IS HERE TO HELP

HealthWest staff are dedicated to meeting the mental health needs of the Muskegon community.

231-722-HELP is mental health warmline answered by a live person 24 hours a day, 7 days a week, to meet your mental health needs and the needs of those you care about.

Whether you are experiencing a mental health crisis, have mental health questions or just want to chat... we're here for you!

We additionally provide Psychological First Aid (PFA) to the community. Trained PFA workers will talk to you and help you process following a traumatic event, loss or other event.

HealthWest staff are also standing by ready to answer your general information questions regarding community mental health services.

Use one of the numbers below to connect with us. And... when in doubt, call 231-722-HELP.

CALL 231-722-HELP (4357)
WE'LL CONNECT YOU TO HELP FOR:



GENERAL INFORMATION: 231-724-1111 DIRECT LINE TO REQUEST SERVICES: 231-720-3200 DIRECT PFA LINE: 231-724-3600

Let's Stop COVID-19



WHAT IT IS?

Novel Coronavirus

Coronaviruses are viruses that circulate among animals but some of them are also known to affect humans. At the end of 2019, the COVID-19 virus, a new strain of the coronavirus, was identified in China. This strain was unknowingly transferred from animals to humans and has never been seen in humans before.

SYMPTOMS



FEVER



TROUBLE BREATHING



COUGH



NAUSEA & VOMITING



WEAR MASK



WASH HANDS



COOK WELL



SEE DOCTOR

PREVENTION

PLEASE



AVOID GATHERING



AVOID PERSONAL CONTACT



AVOID TOUCHING EYES, NOSE & MOUTH

NEED HELP CALL:



Muskegon Public Health/+1.231.724.6246
Michigan COVID-19 Hotline/+1.888.535.6136
Mercy Health COVID-19 Hotline/+1.833.247.1258
Spectrum Health COVID-19 Hotline/+1.833.559.0659

Works with: www.muskegon.org

TOGETHER WE CAN DEFEAT COVID19

✓ SIGNS ✓ SYMPTOMS ✓ PREVENTATIVE MEASURES

STAY HOME IF YOU'RE SICK

STAY HOME IF YOU ARE SICK! EXPECT TO GET MEDICAL CARE! LEARN WHAT TO DO IF YOU ARE SICK!



HIGH RISK

OLDER ADULTS AND OTHERS WITH SEVERE MEDICAL CONDITIONS, HEART OR LUNG DISEASE, DIABETES ARE AT HIGHER RISK FOR COVID-19. PLEASE CONSULT WITH YOUR HEALTH CARE PROVIDER ABOUT ADDITIONAL STEPS YOU MAY BE ABLE TO TAKE TO PROTECT YOURSELF.



CLEAN YOUR HANDS OFTEN

WASH YOUR HANDS often with SOAP and WATER for 20 seconds OR MORE after being in a public place, blowing your nose, coughing, or sneezing.

If soap and water are not readily available, use a hand sanitizer that contains 60% OR MORE in alcohol.

STAY HOME IF YOU ARE SICK

Stay home if you are sick, except to get medical care. Keep distance from friends and family members.



Works with: www.muskegon.org

Healthy reminders to families about Covid-19.

We also put a total of 24 yard signs in the neighborhood to let our neighbors know that this too shall pass.

