



Michigan Annual Conference Banquet Menus									
Wednesday Menu	Contains These Allergens							Appropriate For	
	Dairy	Egg	Tree Nuts	Peanuts	Shellfish	Fish	Wheat/ Gluten	Vegetarian	Vegan
<b>Wednesday Burger Bar:</b>									
Charbroiled Black Angus Burgers									
Seared Turkey Burgers									
Leaf Lettuce, Slice Tomato, Red Onions, Mayonaise, Yellow Mustard, Ketchup, Sweet Relish								x	x
Sliced Cheese: American, Swiss or Provolone	x							x	
Roasted Vegetable Pasta Salad		x					x	x	
House Made Creamy Coleslaw	x								
Selection of Cookies and Brownies								x	
Gluten Free Burger bun		x						x	

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Thursday Menu	Contains These Allergens							Appropriate For	
	Dairy	Egg	Tree Nuts	Peanuts	Shellfish	Fish	Wheat/ Gluten	Vegetarian	Vegan
<b><u>Thursday Breakfast:</u></b>									
Fresh Scrambled Eggs with sides of Cheddar, Salsa, Diced Ham & Bacon Crumbles	x	x							
French Toast with Warm Syrup	x	x					x	x	
Oatmeal with Brown Sugar and Cream	x							x	
Apple Wood Smoked Bacon									
Fresh Fruit Compote								x	x
100% Orange Juice								x	x
<b><u>Specialty Thursday Breakfast:</u></b>									
Gluten Free Oatmeal								x	x
Apple Wood Smoked Bacon									
Fruit Platters								x	x
Third Coast Pastries									
<b><u>Thursday Lunch:</u></b>									
Chicken and Rice(GF), Tomato Basil Bisque (Veg), Vegetable Barley (Vegan)	x						x	x	x
Slow Roasted Honey Ham with Swiss Cheese on Marble Rye	x						x		
Fresh Turkey Breast with Cheddar Cheese and Multi Grain	x						x		
All Sandwiches come with Leaf Lettuce, Sliced Tomato and Red Onion								x	x
On the Side: Mayonnaise, Miracle Whip, and Mustard		x							
Blondie and Traditional Brownies	x	x	x				x	x	

Thursday Menu	Contains These Allergens							Appropriate For	
	Dairy	Egg	Tree Nuts	Peanuts	Shellfish	Fish	Wheat/ Gluten	Vegetarian	Vegan
<b>Specialty Thursday Lunch:</b>									
Quinoa, Squash and Rutabaga Soup								x	x
Dairy Free/Gluten Free Wrap with Cucumber, Avocado, Red Pepper, Field Greens, Portabello									
Dairy Free/Gluten Free Wrap with Fresh Turkey Breast									
All wraps with leaf lettuce, slice tomato and red onion	x							x	x
On the Side: Mayonnaise, Miracle Whip, and Mustard			x					x	
Chocolate Layer Cake								x	
<b>Thursday Dinner:</b>									
Fresh Field Green Mix with your choice of toppings:Julienne Carrots, Beefsteak Tomato Wedges, Sliced Cucumbers, Sliced Mushrooms, Herb Croutons, Shredded Cheddar Cheese, Dried Cherries, Sunflower Seeds, with Traverse City Tart Cherry Vinaigrette and Creamy Buttermilk Ranch Dressing	x						x	x	
Dinner Rolls	x	x					x	x	
Pulled Pork for Sandwiches with Cole Slaw and Buns	x						x		
Bone In BBQ Chicken Cowboy Baked Beans									
Steamed Broccoli Crowns with Julienne Organic Carrots								x	x
Slice of Local Cherry or Blueberry Pie Topped with Strudel and Fresh Vanilla Whipped Cream on the side	x	x					x	x	
<b>Specialty Thursday Dinner:</b>									
Salad with no croutons or cheese. Oil & Vinegar Dressing								x	
Gluten Free Rolls								x	
Pulled Pork with Gluten Free Buns and GF sauce									
BBQ Jackfruit								x	x
Dairy Free/Gluten Free Broccoli and Carrots								x	
Cookies								x	x



Friday Menu	Contains These Allergens							Appropriate For	
	Dairy	Egg	Tree Nuts	Peanuts	Shellfish	Fish	Wheat/ Gluten	Vegetarian	Vegan
<b>Friday Ala Carte Dinner Options:</b>									
Trio of Pulled BBQ Chicken Sliders							X		
Tomato Basil Bisque with Fresh Baked Roll	X						X	X	
Native American Chili with Fry Bread							X		
Michigan Berry Shortcake	X	X					X	X	
<b>Specialty Friday Ala Carte Dinner Options:</b>									
Trio of Portobello Mushroom Sliders on Gluten Free Roll								X	
Native American Chili with Third Coast Roll									
Chocolate Mousse Trifle								X	

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Saturday Menu	Contains These Allergens							Appropriate For	
	Dairy	Egg	Tree Nuts	Peanuts	Shellfish	Fish	Wheat/ Gluten	Vegetarian	Vegan
<b>Saturday Breakfast:</b>									
Assorted Bagels with Cream Cheese	x						x		
Scrambled Eggs with Sides of Sharp Cheddar, Salsa, Diced Ham, and Bacon Crumbles	x	x					x		
Peppered Sausage Links									
Fresh Fruit Compote								x	x
Creamy Quaker Oatmeal with Brown Sugar								x	x
100% Orange Juice								x	x
<b>Specialty Saturday Breakfast:</b>									
Third Coast Bakery Items								x	
Peppered Sausage Links									
Fresh Fruit Compote								x	x
Gluten Free Oatmeal with Brown Sugar								x	x
<b>Saturday Lunch:</b>									
Fresh Cut Romaine, Roasted Corn and Black Beans Salsa, Tomato Wedges, Julienne Peppers, Red Onions, Orange Segments, Kalamata Olives, Feta Cheese Crumbles	x							x	
Dressings: Creamy Buttermilk Ranch, White Balsamic, Fresh Cilantro Vinaigrette	x						x	x	
Charbroiled Flank Steak Fajita									
Southwest Baked Chicken Breast									
Southwest Seasoned Rice Pilaf								x	x
Steamed Riviera Vegetable Medley								x	x
Polovorones (powdered sugar tossed almond cookies) or Traditional Flan	x	x	x				x	x	

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<b>Specialty Saturday Lunch:</b>									
Fresh Cut Romaine, Roasted Corn and Black Bean Salsa, Tomato Wedges, Julienne Peppers, Red Onions, Orange Segments and Kalamata Olives								X	X
Dressing: Oil & Vinegar								X	X
Chicken/Tofu Fajitas with Corn Shells and Black Bean and Corn Salsa								X	X
Steamed Riveria Vegetables								X	X
Strawberry Cupcakes								X	
<b>Saturday Dinner:</b>									
Fresh Cut Lettuce Mix with your Choice of Toppings: Julienne Vegetables, Tomato Wedges, Sliced Cucumbers, Sliced Mushrooms, Herb Croutons, Shredded Swiss Cheese, Dried Apples, with Apple Honey Vinaigrette and Creamy Buttermilk Ranch Dressing	X						X	X	
Dinner Rolls							X	X	
Herb Marinade Slow Roasted Pork Loin Sliced with Charred Scallions and Herb Jus									
Grilled Salmon with Lemon Caper Sauce	X					X			
Herb Roasted Redskin Potato Bites									
Steamed Green Beans with Toasted Almonds			X					X	X
Chocolate Layer Cake and Cinnamon Apple Torte	X	X					X	X	
<b>Specialty Saturday Dinner:</b>									
Salad with no croutons or cheese. Oil & Vinegar Dressing								X	X
Dairy Free/Gluten Free Pork Loin with Herb Jus									
Grilled Salmon with no sauce						X			
Tofu Ratatouille								X	X
Dairy Free/Gluten Free Green Beans with No Almonds								X	X
Berry Cobbler								X	

Sunday Menu	Contains These Allergens							Appropriate For	
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<b>Sunday Breakfast:</b>									
Fresh Scrambled Eggs with Sides of Sharp Cheddar, Salsa, Diced Ham and Bacon Crumbles	x	x							
Vanilla French Toast with Warm Syrup	x	x					x	x	
Apple Wood Smoked Bacon									
Fresh Fruit Compote								x	
Creamy Quaker Oatmeal with Brown Sugar								x	x
100% Orange Juice								x	x
<b>Specialty Sunday Breakfast:</b>									
Third Coast Pastries								x	
Apple Wood Smoked Bacon									
Fresh Fruit Compote								x	x
Gluten Free Oatmeal with Brown Sugar								x	x
<b>Sunday Lunch:</b>									
Tossed Salad with Cucumbers, Shredded Carrots and Tomatoes with Ranch and Cherry Vinaigrette								x	
Hot Water Corn Bread	x	x					x	x	
Southern Fried Chicken	x						x		
Bratwurst with Buns and Condiments to include: Ketchup, Mustard and Diced Onions							x		
Black Eyed Peas								x	
Watermelon								x	x
Half Chocolate Dipped Rice Krispie Treats	x						x	x	



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<b>Specialty Sunday Lunch:</b>									
Tossed Salad with Cucumbers, Shredded Carrots and Tomatoes with Oil & Vinegar								x	x
Dairy Free/Gluten Free Cornbread								x	x
Grilled Chicken									
Dairy Free/Gluten Free Sausages									
Condiments to include: Ketchup, Mustard and Diced Onions									
Collard Green Succotash									
Watermelon								x	x
Chocolate Mousse Trifle								x	

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